### Who is eligible for FRC?

Your family has been referred to FRC because substance use/abuse was identified.

Family Recovery Court accepts high-risk, high-needs participants suffering from homelessness, active addiction, and mental health instability.

As the center of the FRC team, YOU have an important say during your individual treatment progress. Case plans and treatment plans will include goals YOU will help develop. The FRC team, just like YOU, must always make sure that your children's safety is the priority when we make decisions.

We have seen the devastating effects on a family when a child has been removed or is at risk of being removed because of the parent's substance abuse problems. The Lake County Family Recovery Court works to unite families.

# Breaking the Chains of Addiction



#### Benefits to FRC

- The FRC team will work with you to determine your needs and help you get those needs met.
- You will be quickly linked to an appropriate treatment program, parenting skills training, and any other services you may need.
- You will get ongoing support and assistance in staying connected to your children while placed out of the home.
- You will receive incentives and sanctions to assist you.
- As you establish sobriety and become more stable, the judge may consider increased visitation with your children and/or earlier reunification.
- You will receive ongoing support if you have problems getting or staying clean.
- You can get assistance with special services to help with treatment, housing, transportation, food insecurities, mental health assistance, legal assistance, etc.

### How to get started...

Family Recovery Court Coordinator Beth L. Rechlicz

Lake County Juvenile Justice Complex 3000 W. 93rd Avenue Crown Point, IN 46307

219.660.6814

BETELD@LAKECOUNTYIN.ORG OR TALK TO YOUR PUBLIC DEFENDER

We do not discriminate in delivering services or benefits based on race, color, national origin, religion, sex, disability, age, sexual orientation, or gender identity.

# Helping You Succeed in Reunifying with Your Children



#### Bringing families together

Family Recovery Court (FRC) is a program designed to assist families with substance abuse issues to achieve lasting sobriety and whose child(ren) are involved with the Department of Child Services (DCS) through a Child in Need of Services (CHINS) case. FRC helps parents by providing specialized support services promoting recovery and encouraging healthy lifestyle choices.

Saving Lives
Strengthening
Communities

Helping Families

#### What is FRC?

The Lake County Family Recovery Court Team is dedicated to YOUR progress and will concentrate on your goal of becoming alcohol and drug-free. FRC ensures children have a safe and nurturing environment by focusing on healthy and sober parenting for the children to return home.

Family Recovery Court is a TEAM non-adversarial approach designed to help you and your children stay together or get back together. We believe that if you are in recovery and working on your problems, you are a better parent to your children than anyone else.

WE want YOU to be on our TEAM. We want YOU to be the center of our team. The team goal is to help you learn to enjoy recovery and become a part of a sober community that will be a support to you and your children.



#### FRC Phases to Success

## Phase I – Detoxification Phase: Getting Started/Getting Sober

This phase focuses on achieving sobriety and building a foundation for a sober lifestyle. You and the FRC team will help identify any additional services for the family. Assessments are done in this phase to determine the exact needs of the participant and develop an initial plan. Examples of tasks to complete in this phase are developing a treatment plan, arranging immediate visitation, scheduling assessments, obtaining immediate safe housing, drug screening, and weekly court hearings.

# Phase II-Intensive Treatment Phase: Staying Sober/ Getting Stronger

This phase focuses on learning how to maintain sobriety. FRC helps with education, employment & coping skills to prevent relapse. Examples of tasks to complete are attending self-help meetings and appointments with a physician to address any overall medical concerns etc. A participant would provide negative drug screens for at least 30 days, complete phase advancement presentation, and comply with weekly goals.

#### Phase III – Maintenance Phase: Staying Sober, Becoming Self-Sufficient, Living a Recovery Centered Life-Style, and Giving Back

This phase focuses on maintaining sobriety, pro-social events, relapse prevention, and parenting sober. The FRC team will assist in the resources needed to parent independently, such as; housing, food insecurities, employment, childcare, and ongoing support services.

GRADUATION

#### Responses to Behaviors

#### **INCENTIVES (REWARDS)**

Compliance with rules, good choices, and achievements result in rewards called "incentives"

- Praise by the Judge/FRC Team
- Gift Certificates
- Phasing Up or Graduation
- Certificates of Accomplishment
- Various small items
- Court Cash/Gift Cards
- Letters of recommendation
- Reduced court appearances
- Other, as determined by the Court



#### **SANCTIONS**

Failure to comply with rules and poor choices may result in "sanctions."

- Writing Assignments
- Community Service Hours
- Delayed Phase Advancement
- Increased Supervision
- Increased Drug Testing
- Increased Court Attendance
- Fines
- Jail, in rare instances
- Termination from Program
- Other, as determined by the Court